

PREPOPIK INSTRUCTIONS | SPLIT-DOSE REGIMEN

BEGIN A CLEAR LIQUID DIET (NO SOLID FOOD) THE DAY BEFORE YOUR COLONOSCOPY—AND REMEMBER TO STAY HYDRATED!

MEDICATE Only 2 packets total | HYDRATE Drink your choice of clear liquids

FOR EACH PACKET TAKEN SEPARATELY:

- FILL**
the dosing cup with cold water up to the lower line (5 oz)
- POUR**
in the contents of 1 packet
- STIR**
for **2-3 minutes** until powder is dissolved
- DRINK**
it ALL

PACKET 1
Night before

Start ____:____ PM
(Between 5-9 PM)

PACKET 2
Morning of

Start ____:____ AM
(5 hours before)

AFTER PACKET 1

DRINK 5 8-oz (upper line) cups of clear liquid over the next 5 hours

AFTER PACKET 2

DRINK AT LEAST 3 8-oz cups of clear liquid. You may continue hydrating up to 2 hours before your colonoscopy

DRINK clear liquids

- Water
- Clear broth
- Apple juice
- Ginger ale
- White cranberry juice
- Plain gelatin (NO red or purple)
- Frozen juice bars (NO red or purple)
- White grape juice

Remember to drink plenty of clear liquids to stay hydrated

DON'T drink anything you can't see through

- NO red or purple liquids
- NO alcohol
- NO milk or dairy

COLONOSCOPY INFORMATION (completed by healthcare provider)

Date _____ Special instructions _____

Time _____ : _____ AM/PM _____

INDICATION AND IMPORTANT SAFETY INFORMATION

PREPOPIK is a prescription medicine used by adults to clean the colon before a colonoscopy. PREPOPIK cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

- Do not take PREPOPIK if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from

your stomach (gastric retention), or an allergy to any of the ingredients in PREPOPIK

- Tell your healthcare provider right away if you have any of these symptoms of a loss of too much body fluid (dehydration) while taking PREPOPIK: vomiting that prevents you from keeping down the additional prescribed amounts of clear liquids that you must drink after taking PREPOPIK, dizziness, urinating less often than normal, or headache
- PREPOPIK and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and

changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that can cause death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with PREPOPIK is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDs). The most common side effects of PREPOPIK include nausea, headache, and vomiting

Please see accompanying full Product Information.

QUESTIONS?

For additional resources, visit **PREPOPIK.com**. For customer service inquiries, call **1-888-FERRING (1-888-337-7464)**.



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